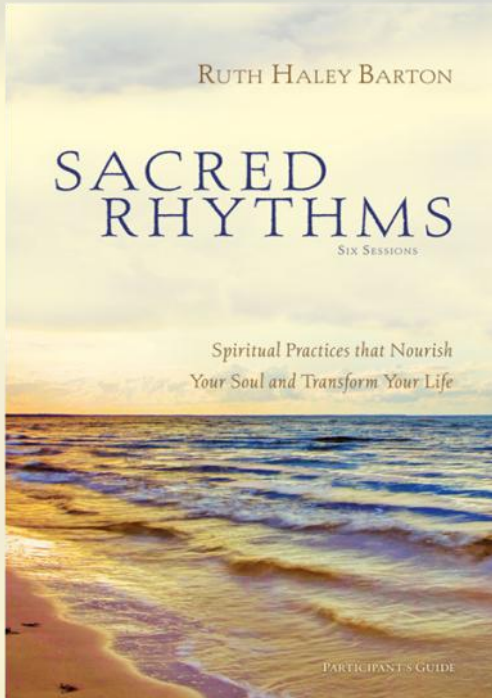


# Church-Wide Learning Community for Lent Begins February 26, 2012



Drawing on the imagery of the natural rhythms of the created order, ***Sacred Rhythms*** explores the practices that spiritual seekers and growing disciples have used throughout history to grow closer to God. In a similar way, the disciplines of the spiritual life are the basic components of the rhythm of intimacy that feeds the soul, keeping Christians open and available to God's surprising initiative in their lives.

In this six session DVD curriculum, designed for use with the ***Sacred Rhythms*** Participant's Guide, Ruth Haley Barton provides guidance for you and your group in a way that links the disciplines of the Christian faith to the most compelling desires of the human soul. Each of the following sessions offers video teaching as well as specific practices that allow you to experience each discipline and incorporate it into your life.

1. Longing for More
2. Creating Space for God
3. Engaging the Scriptures
4. Flesh and Blood Spirituality
5. Bringing My Whole Self to God
6. A Rule of Life

*Facilitated by Pastor Chris Romig, with assistance from Pastor Lyn Olson and Pastor Ruffin Stepp*

Please sign up at the Connection Center for the option of your choice for the class or retreat.

## OPTION #1

### **WEDNESDAY EVENINGS**

6:00—7:15 p.m. (Sanctuary)  
(6 sessions)

**February 29**

**March 7**

**March 14**

**March 21**

**March 28**

**April 4**

Cost: \$10  
(for Participant's Guide)  
Childcare available upon request

## OPTION #2

### **SUNDAY MORNINGS**

9:15—10:30 a.m.  
Room to be determined  
(6 sessions)

**February 26**

**March 4**

**March 11**

**March 18**

**March 25**

**April 1**

Cost: \$10  
(for Participant's Guide)  
Childcare available upon request

## OPTION #3

### **SACRED RHYTHMS RETREAT**

The same material in a retreat format.

**March 30—31**

Friday evening and  
all-day Saturday

Retreat will be held on VPC  
campus

**Friday: 5 pm – 9 pm**

**Saturday: 9 am – 5 pm**

Cost: \$25 (includes Friday dinner,  
Saturday lunch, and Coffee/  
Bottled Water throughout the  
retreat)

